



Sacred Heart Convent School Nalimbi

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Circular No. 02/ 24 – 25

Date: 02.04.2024

"Running is the greatest metaphor for life, because you get out of it what you put into it!"

Dear Parents and Students,

We have some exciting news to share!

Our School has arranged a captivating Mini Marathon for all the students scheduled for tomorrow (03-04-24). The route will extend from the main gate to our entrance gate, and a dedicated Sports team will be on hand at regular intervals to provide support and guidance to the students throughout the run.

Participating in long distance running teaches essential skills such as patience and self-confidence. The purpose of this event is to help students enhance their aerobic fitness, which strengthens the heart and fosters overall cardiovascular endurance.

Kindly note the following details:

▪ Reporting time: 7:40 am

▪ Dress code: P.T uniform

We strongly encourage all our budding athletes to participate in this marathon and give it their absolute best!!

Principal

Sacred Heart Convent School, Nalimbi